

## Volleyball Officials Memo August 23, 2018

The 2018 high school volleyball season is underway and after four pre-season clinics coming to an end with great attendance at all, it's time to provide our professional services to the teams that have been working hard to compete! Below is information that is important to know as we get underway. If you have any questions throughout the season, please contact [tim@ighsau.org](mailto:tim@ighsau.org).

**Concussion Management Course** – All junior high and high school coaches are required to view the free 20-minute NFHS online course titled, “Concussion in Sports: What You Need to Know”. Officials are not required to view the Concussion course, however the IGHSAU strongly encourages officials to do so. The “Concussion in Sports” course link is under the Coaches & Administrators’ tab at the top of the IGHSAU website.

**Officials’ Online Rules Meeting** – The Officials’ Rules Meeting is available on the IGHSAU website in the Officials’ Central Hub. All officials must view the rules meeting before officiating their first match.

**Officials’ Exam** – The officials’ exam is available on the IGHSAU website in the Officials’ Central Hub under the TESTING tab in the “Open Tests” section. The exam consists of 50 randomized questions selected out of a bank of 75. Officials are given three attempts to pass the exam with a score of 75% or better. Deadline for the exam is 9/7/18.

**Confirm Your Arbiter Account Info** – Please update your season information in your Arbiter account on the Central Hub ASAP (i.e. custom fields up-to-date, eligibility tabs accurate, postseason dates blocked and personal info current).

**NFHS Rule Changes and Points of Emphasis** – The 2018-19 NFHS Rule Changes and Points of Emphasis can be found on the Officials’ Central Hub in the Volleyball Officials’ Info section.

**Officials Evaluations and Requests to be Evaluated** – We have a great group of officials that will be evaluating officials throughout the fall season. If you would like to be evaluated, please e-mail [tim@ighsau.org](mailto:tim@ighsau.org) to request an evaluation. We will also be doing random evaluations at many matches throughout the season, if an evaluator is at your match please allow for 5-10 minutes following the match for a debriefing.

**Pre-Game Officials Positioning during Starting Lineups/National Anthem** – The R1 and the LJ that will be on the corner of sideline on the R1 side will stand on the sideline between the net and three-meter line on the right side of the officials stand looking at the court. The R2 and LJ on the R2 side of the court will stand on the sideline between the net and three-meter line on the right side of the R2 position looking at the court. Diagram shown below.

**Medical Permission Letter** – Players that need the following medical devices are **NO LONGER** required to obtain a letter of permission from the **IGHSAU** prior to competing (artificial limb, hearing aid/transmitter, heart monitor, insulin pump and soft-concussion headgear). Responsibility of the coach to inform match officials and opposing coaches of the student’s medical device prior to the start of the contest. **Daith piercing for migraines** are legal but need to have a letter from the IGHSAU. Do not hold the athlete out of competition but have coach verify the piercing is for migraines in order for them to play that day. The following day the coach/AD must contact the IGHSAU and provide a doctor’s note to get a letter of approval to show the game officials before their next competition.

**Jewelry** – Players may **NOT** use plugs, strings, rubber spacers, plastic spacers, straws, retainers, etc. in lieu of the actual piece of jewelry during competitions. All items (metal or otherwise) are considered jewelry and not permitted per NFHS rule (exception IGHSAU-approved Daith piercing referenced previously).

**Arm/Compression Sleeves** – In accordance to the NFHS Casebook, Rule 4.2.1 Situation G (p. 15)  
“Compression sleeves, knee pads and socks are not considered part of the uniform that must be of a like or similar color or the same color between teammates.”

**Varsity Scoring** – Varsity dual scoring will be five sets played to 25, except for the deciding sets to be played to 15. During triangulars and quadrangulars, 2 out of 3 sets played to 25 or 3 out of 5 sets to 25 will be acceptable. Regular season tournament pool play is 2 of 3 sets to 21 with the deciding set to 15. Semi-final and final rounds may be 2 of 3 or 3 of 5 to 21 or 25 points with the deciding set to 15 points. **Round robin format tournaments are 2 of 3 to 21 points.**

**Sub-Varsity Scoring (JH, 9<sup>th</sup>, 10<sup>th</sup>, JV)** – Rally scoring must be used but point requirements and time limits can be determined prior to the start of each match. No scoring cap may be used. Two timeouts are allowed per set. The winning team must win by two points. The let serve shall be used. Sub-varsity teams should switch benches after each set.

**Pre-Match Flip for Triangular and Quadrangular Matches** – During triangular and quadrangular meets, the host team will be the home team for any matches they play in. A flip for the home team will occur when the host team is not playing.

**Varsity Pre-Match Warm-up** – The first five minutes will be spent with both teams on the court for ball handling. The next six minutes the visiting team gets the court for hitting/serving. The following six minutes the home team gets the court. There will be no mutual serving time AND no shared net time (this includes Saturday tournaments).

Flexibility is permitted for pre-game warm-ups for Saturday tournaments, however mutual serving and shared net time is not allowed. Make sure all coaches are made aware of the warm-up protocol prior to the start of the tournament.

**Uniform Requirements** – For varsity level and postseason matches, the white polo with the State of Iowa Iowa Girl logo must be worn. This shirt is available at Image Sport for \$35. The Image Sport link can be found on the IGHSAU Officials' Central Hub. Older style officials' shirts may be worn for sub-varsity level matches. Officials are also required to wear black shoes and black socks, black pants and a black belt (if have loops).

**Important High School Dates** – Regional Matches Classes 1A/2A – Oct. 16, 22, 25, 30  
 Regional Matches Classes 3A/4A/5A – Oct. 17, 23, 29  
 State Tournament at US Cellular Center, Cedar Rapids Nov. 6-9

**Ejections** – For junior high and high school ejections of players and coaches, the ejection form (found on the Officials' Central Hub) must be submitted to the IGHSAU the following business day of the ejection. The ejected coach or player will have to sit the remainder of the match they are ejected from. If it is a weekend tourney, coaches/players are permitted to play in any matches the remainder of day. They will be required to sit out the next volleyball date.

**Bench Members** – Bench members may stand at the end or behind the team bench if they are in the active rotation.

Questions during the season can be directed to [tim@ighsau.org](mailto:tim@ighsau.org). Thanks for all you do for the Iowa Girl and her volleyball experience! Here's to providing a professional service for all!

Tim Keating  
 IGHSAU Volleyball Officials Coordinator

